

# Best Evidence Summaries of Topics in Mental Healthcare

## **BEST** *in* **MH** *clinical question-answering service*

### **Question**

In adults with a diagnosis of Dissociative personality disorder what is the most effective psychological intervention in terms of achieving improved patient outcomes in the long term (over two years)?

### **Clarification of question using PICO structure**

*Patients:* Adults with a diagnosis of dissociative personality disorder

*Intervention:* Any psychological intervention

*Comparator:* Any

*Outcome:* Improved patient outcomes

### **Clinical and research implications**

No directly relevant systematic review or randomised controlled trial evidence was found in relation to this question.

### **What does the evidence say?**

*Number of included studies/reviews (number of participants):* No directly relevant studies were identified.

*Main Findings:* n/a

*Authors Conclusions:* n/a

*Reliability of conclusions/Strength of evidence:* n/a

### **What do guidelines say?**

No directly relevant UK based guidelines were identified.

**Date question received:** 23/02/2012

**Date searches conducted:** 27/02/2012

**Date answer completed:** 29/02/2012

## Search Details

Source	Search Strategy	Number of hits	Relevant evidence identified
<b><i>SRs and Guidelines</i></b>			
NICE	"dissociative identity disorder" OR "multiple personality"	3	0
DARE	#1 MeSH DESCRIPTOR Dissociative Disorders EXPLODE ALL TREES #2 MeSH DESCRIPTOR Multiple Personality Disorder EXPLODE ALL TREES #3 (dual personal*) IN DARE #4 (multiple identit*) IN DARE #5 (multiple personal*) IN DARE #6 (dual identit*) IN DARE #7 (dissociat*) IN DARE #8 #1 OR #2 OR #4 OR #5 OR #6 OR #7 OR #8 OR #10	16	0
CDSR			
<b><i>Primary studies</i></b>			
CENTRAL	#1 (dissociative identity disorder) 7 edit delete #2 (multiple personalit*) 515 edit delete #3 MeSH descriptor Dissociative Disorders explode all trees 57 edit delete #4 (psychological intervention*) 7868 edit delete #5 psychological therap* 11103 edit delete #6 MeSH descriptor Psychotherapy explode all trees 12599 edit delete #7 (#1 OR #2 OR #3) 571 edit delete #8 (#4 OR #5 OR #6) 22432 edit delete #9 (#7 AND #8) 357 edit delete CENTRAL RESULTS 103	103	0

MEDLINE	<ol style="list-style-type: none"> <li>1. MEDLINE; exp DISSOCIATIVE DISORDERS/; 3127 results.</li> <li>2. MEDLINE; "dissociative identity disorder*".ti,ab; 232 results.</li> <li>3. MEDLINE; "multiple personality disorder*".ti,ab; 353 results.</li> <li>4. MEDLINE; exp PSYCHOTHERAPY/; 136287 results.</li> <li>5. MEDLINE; "psychological intervention*".ti,ab; 1847 results.</li> <li>6. MEDLINE; "psychological therap*".ti,ab; 729 results.</li> <li>7. MEDLINE; 1 OR 2 OR 3; 3166 results.</li> <li>8. MEDLINE; 4 OR 5 OR 6; 137593 results.</li> <li>9. MEDLINE; 7 AND 8; 760 results.</li> <li>10. MEDLINE; "randomized controlled trial".pt; 320355 results.</li> <li>11. MEDLINE; "controlled clinical trial".pt; 83558 results.</li> <li>12. MEDLINE; randomized.ab; 236168 results.</li> <li>13. MEDLINE; placebo.ab; 133120 results.</li> <li>14. MEDLINE; "drug therapy".fs; 1502966 results.</li> <li>15. MEDLINE; randomly.ab; 173729 results.</li> <li>16. MEDLINE; trial.ab; 243840 results.</li> <li>17. MEDLINE; groups.ab; 1139029 results.</li> <li>18. MEDLINE; 10 OR 11 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17; 2872912 results.</li> <li>19. MEDLINE; 9 AND 18; 58 results.</li> </ol>	58	0
EMBASE	<ol style="list-style-type: none"> <li>1. EMBASE; exp DISSOCIATIVE DISORDER/; 5139 results.</li> <li>2. EMBASE; "Dissociative identity disorder*".ti,ab; 310 results.</li> <li>3. EMBASE; "multiple personality disorder*".ti,ab; 424</li> </ol>	35	0

	<p>results.</p> <p>4. EMBASE; exp PSYCHOTHERAPY/; 160651 results.</p> <p>5. EMBASE; "psychological intervention*".ti,ab; 2880 results.</p> <p>6. EMBASE; "psychological therap*".ti,ab; 1228 results.</p> <p>7. EMBASE; 1 OR 2 OR 3; 5235 results.</p> <p>8. EMBASE; 4 OR 5 OR 6; 162446 results.</p> <p>9. EMBASE; 7 AND 8; 738 results.</p> <p>10. EMBASE; random*.ti,ab; 684524 results.</p> <p>11. EMBASE; factorial*.ti,ab; 17890 results.</p> <p>12. EMBASE; (crossover* OR cross-over*).ti,ab; 58215 results.</p> <p>13. EMBASE; placebo*.ti,ab; 165403 results.</p> <p>14. EMBASE; (doubl* ADJ blind*).ti,ab; 121587 results.</p> <p>15. EMBASE; (singl* ADJ blind*).ti,ab; 11547 results.</p> <p>16. EMBASE; assign*.ti,ab; 191591 results.</p> <p>17. EMBASE; allocat*.ti,ab; 64459 results.</p> <p>18. EMBASE; volunteer*.ti,ab; 149163 results.</p> <p>19. EMBASE; CROSSOVER PROCEDURE/; 31939 results.</p> <p>20. EMBASE; DOUBLE BLIND PROCEDURE/; 103205 results.</p> <p>21. EMBASE; RANDOMIZED CONTROLLED TRIAL/; 297832 results.</p> <p>22. EMBASE; SINGLE BLIND PROCEDURE/; 14842 results.</p> <p>23. EMBASE; 10 OR 11 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20 OR 21 OR 22; 1134108 results.</p> <p>24. EMBASE; 9 AND 23; 35 results.</p>		
PsycINFO	1. PsycINFO; exp DISSOCIATIVE DISORDERS/; 4302	30	0

	<p>results.</p> <p>2. PsycINFO; "Dissociative identity disorder*".ti,ab; 780 results.</p> <p>3. PsycINFO; exp PSYCHOTHERAPY/; 157273 results.</p> <p>4. PsycINFO; "psychological intervention*".ti,ab; 3041 results.</p> <p>5. PsycINFO; 1 OR 2; 4386 results.</p> <p>6. PsycINFO; 3 OR 4; 159480 results.</p> <p>7. PsycINFO; 5 AND 6; 629 results.</p> <p>13. PsycINFO; randomly.ab; 43007 results.</p> <p>14. PsycINFO; trial.ab; 50714 results.</p> <p>15. PsycINFO; groups.ab; 312443 results.</p> <p>16. PsycINFO; CLINICAL TRIALS/; 5819 results.</p> <p>17. PsycINFO; random*.ti,ab; 106287 results.</p> <p>18. PsycINFO; groups.ti,ab; 318698 results.</p> <p>19. PsycINFO; (double adj3 blind).ti,ab; 15662 results.</p> <p>20. PsycINFO; (single adj3 blind).ti,ab; 1153 results.</p> <p>21. PsycINFO; EXPERIMENTAL DESIGN/; 8143 results.</p> <p>22. PsycINFO; controlled.ti,ab; 66532 results.</p> <p>23. PsycINFO; (clinical adj3 study).ti,ab; 6640 results.</p> <p>24. PsycINFO; trial.ti,ab; 55962 results.</p> <p>25. PsycINFO; "treatment outcome clinical trial".md; 21142 results.</p> <p>26. PsycINFO; 16 OR 17 OR 18 OR 19 OR 20 OR 21 OR 22 OR 23 OR 24 OR 25; 488431 results.</p> <p>27. PsycINFO; 7 AND 26; 30 results.</p>		
CINAHL	<p>1. CINAHL; exp DISSOCIATIVE DISORDERS/; 463 results.</p> <p>2. CINAHL; "dissociative identity disorder*".ti,ab; 53</p>	6	0

<p>results.</p> <p>3. CINAHL; "multiple personality disorder*".ti,ab; 53 results.</p> <p>4. CINAHL; exp PSYCHOTHERAPY/; 71946 results.</p> <p>5. CINAHL; "psychological intervention*".ti,ab; 620 results.</p> <p>6. CINAHL; "psychological therap*".ti,ab; 425 results.</p> <p>7. CINAHL; 1 OR 2 OR 3; 495 results.</p> <p>8. CINAHL; 4 OR 5 OR 6; 72413 results.</p> <p>9. CINAHL; 7 AND 8; 108 results.</p> <p>10. CINAHL; randomised.ti,ab; 14607 results.</p> <p>11. CINAHL; randomized.ti,ab; 45975 results.</p> <p>12. CINAHL; controlled.ti,ab; 52297 results.</p> <p>13. CINAHL; trial.ti,ab; 53549 results.</p> <p>14. CINAHL; "randomized controlled trial*".ti,ab; 13373 results.</p> <p>15. CINAHL; RANDOMIZED CONTROLLED TRIALS/; 8205 results.</p> <p>16. CINAHL; exp CLINICAL TRIALS/; 101625 results.</p>		
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	17. CINAHL; 10 OR 11 OR 12 OR 13 OR 14 OR 15 OR 16; 148755 results.		
	18. CINAHL; 9 AND 17; 6 results.		

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