Best Evidence Summaries of Topics in Mental Healthcare

BEST in MH clinical question-answering service

Question

In older adult psychiatric services, what factors or interventions contribute to reducing the average length of stay/admission?

Clarification of question using PICO structure

Patients: Older adults who are admitted to inpatient wards.

Intervention: Any

Comparator: Treatment as usual/normal practise.

Outcome: Reduction in average length of hospital stay.

Clinical and research implications

The studies included in this evidence summary do not provide sufficient evidence to support the effectiveness of any intervention in reducing the average length of hospital stay or admissions in older adult psychiatric services. None of the three systematic reviews identified directly addressed the question specified for this evidence summary; all three included only small numbers of studies, which were considered to be relevant, or partially relevant. There was no evidence on the effectiveness of discharge planning in reducing length of hospital stay and some evidence, from partially relevant populations, for small decrease in the number of re-admissions. Evidence on the effectiveness of care pathways for reducing length of hospital stay was sparse and contradictory. One small, poor quality randomised controlled trial indicated that home treatment of depression in elderly people who are living independently, may be associated with a reduction in the frequency and duration of in-patient admissions, compared with usual care, however, it should be noted that 90% of the participants in this study were female and 78% were living alone; results may not be generalisable to the all elderly depressed patients.

Further research is needed on interventions to reduce the number and duration of hospital admissions in setting specific to older adult psychiatric services.

What does the evidence say?

Number of included studies/reviews (number of participants)

We identified three systematic reviews^{1,2,3} and one randomised controlled trials (RCTs), ⁴ which partially met the inclusion criteria for this evidence summary. One systematic review aimed to assess the effectiveness of acute hospital treatment in old age psychiatry. ¹ This review included 46 studies, with a range of study designs and outcome measures. ¹ Only one of the included studies reported length of hospital stay as an outcome; this study compared patients managed using a clinical path model with historical controls. ¹ Two Cochrane reviews were identified which assessed the effects of care pathways, ² and discharge planning ³ on a variety of outcomes, including length of hospital stay. Both of these reviews included studies conducted in any hospital setting and neither review included any studies which exactly matched the PICOS criteria for this evidence summary; each review included two partially relevant studies. ^{2,3} The RCT assessed the effectiveness of home treatment for depression in the elderly, compared with usual care, for reducing the number and duration of admissions. ⁴

Main Findings

The first systematic review included one relevant study, which found that the clinical path model was associated with a 39% reduction in length of hospital stay, compared with a historical control, in elderly depressed patients, however, no further details of participants or the intervention or control conditions were reported. The first Cochrane review also assessed the effects of care pathways. 2 This review did not include any studies which exactly matched the PICOS for this evidence summary.² The review included two partially relevant studies, one of which was conducted in adult psychiatric patients (not specifically elderly patients), with a mean age of 46.6 (s.d. 10.1) years and the second of which was conducted in older adults presenting to the emergency department with suspected delirium, who were admitted to general medical units; both of these studies found no significant difference in the length of hospital stay between the care pathway and usual care groups.² The second Cochrane review assessed the effects of discharge planning compared to usual care on multiple outcomes.3 This review did not include any studies which exactly matched the PICOS for this evidence summary.³ The review included two partially relevant studies, one of which included acute psychiatric admissions (not specifically elderly patients) and the second of which included participant discharged from a psychiatric hospital or a care of the elderly ward; neither study reported length of hospital stay as an outcome, but both studies reported a small, statistically significant reduction in re-admission rates associated with discharge planning.³ The RCT assessed the effectiveness of home treatment, compared with usual care, for the management of depression in elderly people who are living independently. ⁴ This study found that home treatment was associated with fewer admissions to nursing homes (1 admission in the intervention versus 8 in the control group) and shorter durations of in-patient psychiatric care (mean difference 17.60 (95% CI: 3.68, 31.52) days).4

Authors Conclusions

None of the systematic reviews reported conclusions specific to the population of interest for this evidence summary. The randomised controlled trial concluded that home treatment appears to be an effective and cost-effective service model for elderly people with depression.

Reliability of conclusions/Strength of evidence

One systematic review of moderate quality¹ and two high quality Cochrane reviews^{2,3} included small numbers of studies, which were considered to be relevant, or partially relevant to this evidence summary. No systematic review was identified which directly addressed the question specified for this evidence summary. The included systematic reviews provided no strong evidence to support the effectiveness of any intervention in reducing the average length of hospital stay or admissions in older adult psychiatric services. One small, poor quality randomised controlled trial indicated that home treatment of depression in elderly people who are living independently, may be associated with a reduction in the frequency and duration of in-patient admissions, compared with usual care.⁴ It should be noted that 90% of the participants in this study were female and 78% were living alone; results may not be generalisable to the all elderly depressed patients.

What do guidelines say?

No guidelines were found to specifically address reducing length of stay.

Date question received: 18/03/2013

Date searches conducted: 20/03/2013

Date answer completed: 01/04/2013

References

Systematic Review

- 1. Draper B, Low L. What is the effectiveness of acute hospital treatment of older people with mental disorders? International Psychogeriatrics (2005), 17:4, 539–555 2005 International Psychogeriatric Association doi:10.1017/S1041610205001663
- 2. Rotter T, Kinsman L, James EL, Machotta A, Gothe H, Willis J, Snow P, Kugler J. Clinical pathways: effects on professional practice, patient outcomes, length of stay and hospital costs. CochraneDatabase of Systematic Reviews 2010, Issue 3. Art.No.:CD006632. DOI: 10.1002/14651858.CD006632.pub2. http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD006632.pub2/pdf
- **3.** Shepperd S, McClaran J, Phillips CO, Lannin NA, Clemson LM, McCluskey A, Cameron ID, Barras SL. Discharge planning from hospital to home. Cochrane Database of Systematic Reviews 2010, Issue 1. Art. No.: CD000313. DOI: 10.1002/14651858.CD000313.pub3. http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD000313.pub4/pdf

RCTs

4. Klug G, Hermann G, Fuchs-Neider B, Haider-Stipacek A, Zapotoczky H, Priebe S. Effectiveness of home treatment for elderly people with depression: randomised controlled trial. The British Journal of Psychiatry (2010) 197, 463–467. doi: 10.1192/bjp.bp.110.083121

Results

Systematic Reviews

Author (year)	Search Date	Inclusion criteria	Number of	Summary of results	Risk of bias
			included		
			studies		
Draper (2005)	May 2004	Articles were included in	46 studies	This review aimed to assess the	The objective
		this review if the population	were included	effectiveness of acute hospital treatment in	and inclusion
		were over 60 years of age	in this review,	old age psychiatry and to identify any gaps in	criteria were
		and included quantitative	of which only	the evidence base.	broad, but were
		data on outcomes. Studies	one was		clearly defined.
		were excluded if they were	relevant to this	The review included only one study which	
		of purely pharmacologic or	evidence	reported length of hospital stay as an	Searches
		specific non-pharmacologic	summary.	outcome measure (Bultema, J. K., Mailliard,	included 5
		interventions.		L., Getzfrid, M. K., Lerner, R. D. and Colone,	bibliographic
				M. (1996). Geriatric patients with	databases and a
				depression. Improving outcomes using a	manual
				multidisciplinary clinical pathmodel. Journal	reference
				of Nursing Administration, 26, 31–38).	check.
				Limited details of this study were reported:	
					The
				The study compared 58 depressed patients	methodological
				managed on a clinical path model with 153	quality of
				patients managed beforehand. The clinical	included studies
				path model (no details reported) was	was assessed
				associated with a mean 39% reduction in	using a 24-item
				length of stay, 40% reduction in costs and	scale designed
				"significant improvements on indicators of	for
				quality of care" (no numerical values or	pharmacologica
				specific measures reported). The	trials.

	methodological quality score for this study	Assessment
	was 0.47.	results were
		transformed to
		produce a score
		from 0 to 1,
		with higher
		scores
		representing
		better quality.
		The quality
		assessment
		process
		included
		measures to
		minimise
		error/bias
		(involvement of
		two reviewers),
		but it was not
		clear whether
		these measures
		were applied
		throughout the
		review process.
		The use of a
		narrative
		synthesis was
		appropriate,

					given the
					variety of study
					designs,
					interventions,
					outcomes, etc.
					included.
Rotter (2010)	June 2009	RCTs, CCTs, controlled	27 studies	This review aimed to assess the effects of	The objective
		before and after studies and	were included	clinical pathways on professional practice,	and inclusion
		interrupted time series	in this review	patient outcomes, length of stay and	criteria for the
		analysis were included in	(n = 11,398).	hospital costs.	review were
		this review. Included studies	None of the		clearly stated.
		were required to compare	included	None of the studies included in this review	
		care pathways (alone or as	studies	exactly matched the PICOS for this evidence	Searches
		part of a multi-faceted	matched the	summary. Two studies may be considered to	included
		intervention) with usual	PICOS for this	have some relevance:	bibliographic
		care.	evidence		databases, trial
			summary; 2	One study was conducted in adult	registries,
		All hospital settings were	studies may be	psychiatric patients (mean age 46.4 ± 10.1	reference
		considered relevant and	considered to	years). (Bauer MS, McBride L, Williford WO,	checking, etc.
		length of stay was one of a	have some	Glick H, Kinosian	There were no
		number of outcome	relevance.	B, Altshuler L, et al.Collaborative care for	language
		measures assessed.		bipolar disorder: part I. Intervention and	restrictions.
				implementation in a randomized	
				effectiveness trial. Psychiatr Serv 2006; Vol.	Two reviewers
				57, issue 7: 927–36). Results may have be	independently
				considered applicable to older adults. This	assessed studies
				study found no significant difference in	for inclusion
				length of hospital stay between the care	and appraised
				pathway and usual care groups (WMD -0.40	methodological
				(95% CI: -1.79, 0.99) days).	quality using

					the Cochrane
				The second study was an RCT, conducted in	risk of bias tool.
				227 older adults presenting to the	The
				emergency department with suspected	involvement of
				delirium, who were admitted to general	multiple
				medical units. (Cole MG, McCusker J,	reviewers
				Bellavance F, Primeau FJ,	reduces the risk
				Bailey RF, Bonnycastle MJ, et al.Systematic	of error/bias in
				detection and multidisciplinary care of	the review
				delirium in older medical inpatients: a	process.
				randomized trial. CMAJ 2002; Vol. 167, issue	
				7:753–9). Participants were randomised to	The meta-
				receive a complex, non-invasive care	analytic
				pathway intervention for the systematic	methods used
				detection and care of delirium in older	were broadly
				medical patients (complex confusional	appropriate, but
				assessment and a detailed care protocol)	are not relevant
				combined with case management, or "usual	to this evidence
				care" for older patients with suspected	summary as no
				delirium and no confusional assessment.	pooled
				There was no significant difference in length	estimates were
				of hospital stay between the care pathway	considered
				and usual care groups (WMD 0.60 (95% CI: -	relevant.
				3.81, 5.01) days).	
Sheppherd (2010)	March 2009	Studies were included in	21 RCTs were	This review aimed to determine the	The objective
		this review if they were	included in this	effectiveness of planning the discharge of	and inclusion
		RCTs that compared an	review (n =	patients moving from hospital.	criteria for the
		individualised discharge	7234)		review were
		plan with routine discharge		None of the studies included in this review	clearly stated.

care that was not tailored to None of the exactly matched the PICOS for this evidence included summary. Two studies may be considered to Eight the individual patient. studies have some relevance: bibliographic All hospital settings were matched the databases were considered relevant and PICOS for this One study was conducted in acute searched length of stay was one of a evidence psychiatric admissions, not specifically in (including elderly patients (Naji SA, Howie FL, Cameron number of outcome summary; 2 sources for unpublished IM, Walker SA, Andrew J, Eagles JM. measures assessed. studies may be Discharging psychiatric in patients back to considered to studies). have some primary care: a pragmatic randomized Searches were supplemented relevance. controlled trial of a novel discharge protocol. Primary Care by reference Psychiatry 1999;5 (3):109–15). Results may checking and have been considered applicable to older contact with adults, however, this study did not assess study authors. length of hospital stay as an outcome measure. This study reported a lower re-Two reviewers admission rate at 6 months in the discharge independently planning group compared to the control assessed studies group -7.4% (95% CI: -1.1%, -16.7%). for inclusion, extracted data The second study included patients and appraised discharged from a psychiatric hospital or a methodological care of the elderly ward, mean age 47 ± 17 quality using years (Shaw H, Mackie CA, Sharkie I. the Cochrane Evaluation of effect of pharmacy discharge risk of bias tool. planning on medication problems The experienced by discharged acute admission involvement of mental health patients. International Journal multiple of Pharmacy Practice 2000;8:144-53). As reviewers

		with the first study, results may have been	reduces the risk
		considered applicable to older adults in	of error/bias in
		psychiatric units, however, this study did not	the review
		assess length of hospital stay as an outcome	process.
		measure. This study reported a reduction in	
		un-scheduled re-admission rates within 3	The meta-
		months of discharge, associated with	analytic
		discharge planning (RR 0.38 (95% CI: 0.14,	methods used
		0.99).	were broadly
			appropriate, but
		The review reported a small reduction in	are not relevant
		length of hospital stay, associated with	to this evidence
		discharge planning, for older patients with a	summary as no
		medical condition (WMD -0.91 (95% CI: -	pooled
		1.55, -0.27) days), based on data from ten	estimates were
		studies with 1,765 participants.	considered
			relevant.

RCTs/DTAs

Author	Inclusion criteria	Number of	Summary of results	Risk of bias
(year)		participants		
Klug	Participants: participants were eligible for	N = 60	This study aimed to assess the effectiveness of home	Randomisation
(2010)	this study if they were over the age of 64,		treatment for depression in elderly people who are living	was done by a
	and had a primary diagnosis of major		independently.	researcher
	depression according to ICD-10 criteria,			who was
	had moderately impaired global		41 Participants were referred by psychiatric hospital	otherwise not
	functioning (GAF score between 21 and		departments following an episode of in-patient treatment, 16	involved in the
	60), lived independently in Graz, Austria,		by psychiatrists and 3 from other community services. The	study using
	and had capacity to provide informed		mean age of participants was 74.9 ± 6.5 years and the mean	random

consent.

Exclusion criteria were: dementia (MMSE score < 27); intention to give up independent living and move to a nursing home.

Intervention: Both the control and the experimental group received treatment as usual, routinely provided by the Austrian healthcare system. Participants in the experimental group additionally received geriatric home treatment over a 1 year period. This was delivered by a multidisciplinary team and followed an individualised care plan.

Comparison: Treatment as usual

Outcomes: Levels of depression, self rated, on the 15 item Geriatric Depression Scale (GDS-15); levels of functioning (GAF scale); quality of life (SQOL and BELP-KF); admissions to nursing homes and days spent in in-patient psychiatric care; costs.

MMSE score was 29.3 \pm 0.9, 54 were female, 47 were living alone at the time of referral, and 57 were receiving anti-depressant medication.

The geriatric home treatment intervention comprised a mean of 78.2 activities (s.d.= 98.6), which included direct or telephone contacts with the individual and contacts with carers and other agencies, and a mean of 50.8 home visits (s.d.= 45.1). A mean of 3.67 visits (s.d.= 9.91) were crisis interventions. All participants in the geriatric home treatment group and 20 out of 23 participants in the control group were seen at least once by a psychiatrist in office practice.

There was a statistically significant difference between the groups in the number of admissions to nursing homes during the study period (p = 0.011). In the geriatric home treatment group, one person was temporarily admitted to a nursing home, where as in the control group eight people were admitted to a nursing home, seven of whom stayed until the end of the study. Participants in the intervention group a mean of 19.6 days (s.d.= 6.8) in psychiatric in-patient care, whereas participants in the control group spent a mean of 52.2 days (s.d.= 46.8) in psychiatric in-patient treatment; observed mean difference 17.60 (95% CI: 3.68, 31.52) days (statistically significant).

tables, no details of allocation concealment were reported.

The nature of the intervention precluded blinding of participants and carers. The majority of outcome measures were selfreport and it was unclear whether other outcomes were measures by blinded assessors.

Two patients in the intervention

group and seven in the control group were lost to follow-up. It was not clear whether data were analysed ITT.

Data were reported for all listed outcomes.

Risk of Bias: SRs

Author (year)		Risk of Bias					
	Inclusion criteria	Searches	Review Process	Quality assessment	Synthesis		
Draper (2005)	\odot	©	?	8	\odot		
Rotter (2010)	©	©	©	©	©		
Sheppherd (2010)	©	©	<u>©</u>	©	©		

RCTs

Study	RISK OF BIAS					
	Random allocation	Allocation concealment	Blinding of participants and personnel	Blinding of outcome assessment	Incomplete outcome data	Selective Reporting
Klug (2010)	\odot	?		?	\odot	\odot





Search Details

Source	Search Strategy	Number of	Relevant evidence
		hits	identified
SRs and G	uidelines		
NICE	Length of stay	643	0
	Admission duration		
	Memory		
DARE	(length ADJ3 of ADJ3 stay) IN DARE 1210 Delete	92	4
	2 (admiss* ADJ3 length) IN DARE 27 Delete		
	3 MeSH DESCRIPTOR Length of Stay EXPLODE ALL		
	TREES 1473 Delete		
	4 (older ADJ3 adult*) IN DARE 336 Delete		
	5 (older ADJ3 people*) IN DARE 297 Delete		
	6 (older ADJ3 person*) IN DARE 50 Delete		
	7 (elder*) IN DARE 736 Delete		
	8 (later* ADJ3 life) IN DARE 50 Delete		
	9 (L3) IN DARE 3 Delete		
	10 (dement*) IN DARE 456 Delete		
	11 (memor*) IN DARE 240 Delete		
	12 MeSH DESCRIPTOR Frail Elderly EXPLODE ALL TREES		
	58 Delete		
	13 MeSH DESCRIPTOR Alzheimer Disease EXPLODE ALL		
	TREES 219 Delete		
	14 MeSH DESCRIPTOR Dementia EXPLODE ALL TREES		
	393 Delete		
	15 MeSH DESCRIPTOR Dementia, Vascular EXPLODE		
	ALL TREES 16 Delete		
	16 MeSH DESCRIPTOR Frontotemporal Dementia		
	EXPLODE ALL TREES 0 Delete		

17 MeSH DESCRIPTOR Lewy Body Disease EXPLODE ALL TREES 2 Delete 18 MeSH DESCRIPTOR Memory Disorders EXPLODE ALL TREES 26 Delete 19 MeSH DESCRIPTOR Memory EXPLODE ALL TREES 41
18 MeSH DESCRIPTOR Memory Disorders EXPLODE ALL TREES 26 Delete
TREES 26 Delete
19 MeSH DESCRIPTOR Memory EXPLODE ALL TREES 41
Delete
20 ((short* OR brief* OR length* OR duration*) ADJ3
(admission* OR hospital* OR stay*)) IN DARE 1536
Delete
21 #1 OR #2 OR #3 OR #20 2672 Delete
22 #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11
OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18
OR #19 1905 Delete
23 #21 AND #22
Primary studies
CENTRAL MeSH descriptor: [Hospitals, Psychiatric] 101
explode all trees
209
#2 Enter terms for search
mental hospitalsmental hospitals 5167
#3 MeSH descriptor: [Aged] explode all trees
621
#4 Enter terms for search
elderly or elderelderly or elder 14461 #5 Enter terms for search
#3 EIILEI LEIIIIS IOI SEAICII
older adult*older adult* 1/253
older adult* older adult* 14253 #6 Enter terms for search
#6 Enter terms for search
#6 Enter terms for search Geriatic Geriatic 5
#6 Enter terms for search

	#0 Fatantamas fau	1	Ī
	#8 Enter terms for search		
	#1 or #2#1 or #2 5247		
	#9 Enter terms for search		
	#3 or #4 or #5 or #6 or #7#3 or #4 or #5 or #6 or		
	#7 27083		
	#10 MeSH descriptor: [Length of Stay] explode		
	all trees 5683		
	#11Enter terms for searclength of		
	hospitalization4498		
	#12Enter terms for searcduration55378		
	#13Enter terms for searcreduced119155		
	#14Enter terms for searc#10 or #11 or #12 or		
	#13159116		
	#15Enter terms for searc#8 and #9 and		
	#141030		
	Central only 101		
PsycINFO	18. Psycinfo; Mental Health Unit/ Or Mental	6	
	HOSPITAL/; 6513 results.		
	19. PsycINFO; "psychiatric hospital*".ti,ab; 9606 results.		
	20. PsycINFO; MENTAL PATIENT/; 0 results.		
	21. PsycINFO; 18 OR 19 OR 20; 14019 results.		
	22. PsycINFO; elderly.ti,ab; 42693 results.		
	23. PsycINFO; exp AGED/; 1907 results.		
	24. PsycINFO; "older adult*".ti,ab; 24110 results.		
	25. PsycINFO; elder.ti,ab; 3009 results.		
	26. PsycINFO; ("older person" OR "older people").ti,ab;		
	8304 results.		
	27. PsycINFO; 22 OR 23 OR 24 OR 25 OR 26; 71704		
	results.		
	28. PsycINFO; "length of stay".ti,ab; 3137 results.		
	29. PsycINFO; ("length of hospitalization" OR "length of		
	hospitalisation").ti,ab; 609 results.		
	30. PsycINFO; reduced.ti,ab; 98692 results.		

	31. PsycINFO; (brief OR short).ti,ab; 166223 results.		
	32. PsycINFO; duration.ti,ab; 62092 results.		
	33. PsycINFO; 28 OR 29 OR 30 OR 31 OR 32; 310390		
	results.		
	34. PsycINFO; 21 AND 27 AND 33; 57 results.		
	35. PsycINFO; PSYCHIATRIC HOSPITALS/ OR		
	PSYCHIATRIC UNITS/ OR PSYCHIATRIC PATIENTS/; 32502		
	results.		
	36. PsycINFO; exp PSYCHIATRIC HOSPITALIZATION/;		
	8676 results.		
	37. PsycINFO; 21 OR 35 OR 36; 42227 results.		
	38. PsycINFO; 27 AND 33 AND 37; 163 results.		
	39. PsycINFO; 38 [Limit to: (Methodology 0830		
	Systematic Review or 1200 Meta Analysis or 2000		
	Treatment Outcome/Clinical Trial)]; 6 results.		
EMBASE	1. EMBASE; MENTAL HEALTH UNIT/ OR MENTAL		
	HOSPITAL/; 24418 results.	91	
	2. EMBASE; "psychiatric hospital*".ti,ab; 10642 results.		
	3. EMBASE; MENTAL PATIENT/; 16637 results.		
	4. EMBASE; 1 OR 2 OR 3; 44429 results.		
	5. EMBASE; elderly.ti,ab; 204840 results.		
	6. EMBASE; exp AGED/; 2107854 results.		
	7. EMBASE; "older adult*".ti,ab; 36264 results.		
	8. EMBASE; elder.ti,ab; 6603 results.		
	9. EMBASE; ("older person" OR "older people").ti,ab;		
	16335 results.		
	10. EMBASE; 5 OR 6 OR 7 OR 8 OR 9; 2173304 results.		
	11. EMBASE; "length of stay".ti,ab; 34905 results.		
	12. EMBASE; ("length of hospitalization" OR "length of		
	hospitalisation").ti,ab; 3878 results.		
	13. EMBASE; reduced.ti,ab; 1163532 results.		
	14. EMBASE; (brief OR short).ti,ab; 30678 results.		
	15. EMBASE; duration.ti,ab; 464674 results.		

-			,
	16. EMBASE; 11 OR 12 OR 13 OR 14 OR 15; 2176146		
	results.		
	17. EMBASE; 4 AND 10 AND 16; 724 results.		
	18. EMBASE; random*.ti,ab; 789454 results.		
	19. EMBASE; factorial*.ti,ab; 20391 results.		
	20. EMBASE; (crossover* OR cross-over*).ti,ab; 64756		
	results.		
	21. EMBASE; placebo*.ti,ab; 186095 results.		
	22. EMBASE; (doubl* ADJ blind*).ti,ab; 134943 results.		
	23. EMBASE; (singl* ADJ blind*).ti,ab; 13096 results.		
	24. EMBASE; assign*.ti,ab; 217830 results.		
	25. EMBASE; allocat*.ti,ab; 73861 results.		
	26. EMBASE; volunteer*.ti,ab; 165317 results.		
	27. EMBASE; CROSSOVER PROCEDURE/; 36448 results.		
	28. EMBASE; DOUBLE BLIND PROCEDURE/; 113621		
	results.		
	29. EMBASE; RANDOMIZED CONTROLLED TRIAL/;		
	338820 results.		
	30. EMBASE; SINGLE BLIND PROCEDURE/; 17116		
	results.		
	31. EMBASE; 18 OR 19 OR 20 OR 21 OR 22 OR 23 OR 24		
	OR 25 OR 26 OR 27 OR 28 OR 29 OR 30; 1288745		
	results.		
	32. EMBASE; 17 AND 31; 91 results.		
MEDLINE	18. MEDLINE; MENTAL HEALTH UNIT/ OR MENTAL	20	
	HOSPITAL/; 21748 results.		
	19. MEDLINE; "psychiatric hospital*".ti,ab; 8473 results.		
	20. MEDLINE; MENTAL PATIENT/; 3996 results.		
	21. MEDLINE; 18 OR 19 OR 20; 29639 results.		
	22. MEDLINE; elderly.ti,ab; 158063 results.		
	23. MEDLINE; exp AGED/; 2174121 results.		
	24. MEDLINE; "older adult*".ti,ab; 29943 results.		
	27. MILDLINE, Gluer duuit .ti,ab, 20040 results.		

Summary	NA	NA	
	results.		
	Analysis or Randomized Controlled Trial or Review)]; 20		
	35. MEDLINE; 34 [Limit to: (Publication Types Meta		
	34. MEDLINE; 21 AND 27 AND 33; 498 results.		
	results.		
	33. MEDLINE; 28 OR 29 OR 30 OR 31 OR 32; 1825376		
	32. MEDLINE; duration.ti,ab; 369743 results.		
	31. MEDLINE; (brief OR short).ti,ab; 567727 results.		
	30. MEDLINE; reduced.ti,ab; 989254 results.		
	hospitalisation").ti,ab; 3032 results.		
	29. MEDLINE; ("length of hospitalization" OR "length of		
	28. MEDLINE; "length of stay".ti,ab; 24072 results.		
	results.		
	27. MEDLINE; 22 OR 23 OR 24 OR 25 OR 26; 2214622		
	13522 results.		
	26. MEDLINE; ("older person" OR "older people").ti,ab;		
	25. MEDLINE; elder.ti,ab; 4902 results.		

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