

Best Evidence Summaries of Topics in Mental Healthcare

BEST *in* **MH** *clinical question-answering service*

Question

In adults with Postural Orthostatic Tachycardia syndrome (POTS) how effective are psychological interventions, compared to treatment as usual, in achieving improved patient outcomes?

Clarification of question using PICO structure

Patients: Adults with Postural Orthostatic Tachycardia syndrome

Intervention: Any Psychological intervention

Comparator: Treatment as usual

Outcome: Improved patient outcomes

Clinical and research implications

No directly relevant studies were found to answer this question.

What does the evidence say?

Number of included studies/reviews (number of participants) n/a

Main Findings n/a

Authors Conclusions n/a

Reliability of conclusions/Strength of evidence n/a

What do guidelines say?

No directly relevant UK based guidelines were identified.

Date question received: 05/11/2013

Date searches conducted: 19/11/2013

Date answer completed: 21/11/2013

Search Details

Source	Search Strategy	Number of hits	Relevant evidence identified
<i>SRs and Guidelines</i>			
NICE	“POTS” “Postural Orthostatic Tachycardia Syndrome”	18	0
DARE	“POTS” “Postural Orthostatic Tachycardia” “Postural Tachycardia”	2	0
<i>Primary studies</i>			
PsycINFO	1. "Postural Orthostatic Tachycardia Syndrome".ti.ab 2. "(cognitive or behavi*) therapy".ti.ab 3. "behav* therapy"..ti.ab 4. "cognitive behav*".ti.ab 5. psycholog*.ti.ab 6. 2 or 3 or 4 or 5 7. 1 and 6	0	
Embase	8. "Postural Orthostatic Tachycardia Syndrome".ti.ab 9. "(cognitive or behavi*) therapy".ti.ab 10. "behav* therapy"..ti.ab 11. "cognitive behav*".ti.ab 12. psycholog*.ti.ab 13. 2 or 3 or 4 or 5 1 and 6	0	
Cinahl	14. "Postural Orthostatic Tachycardia Syndrome".ti.ab 15. "(cognitive or behavi*) therapy".ti.ab 16. "behav* therapy"..ti.ab 17. "cognitive behav*".ti.ab 18. psycholog*.ti.ab	0	

	19. 2 or 3 or 4 or 5 1 and 6		
AMED	20. "Postural Orthostatic Tachycardia Syndrome".ti.ab 21. "(cognitive or behavi*) therapy".ti.ab 22. "behav* therapy"..ti.ab 23. "cognitive behav*".ti.ab 24. psycholog*.ti.ab 25. 2 or 3 or 4 or 5 1 and 6	0	
Summary	NA	NA	

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