

Best Evidence Summaries of Topics in Mental Healthcare

BEST *in* **MH** *clinical question-answering service*

Question

“In adults with personality disorder in secure settings, how effective is dialectical behaviour therapy (DBT), compared to other psychological interventions, in improving social functioning?”

Clarification of question using PICO structure

Patients: Adults with personality disorder in secure settings

Intervention: Dialectical behaviour therapy (DBT)

Comparator: Other psychological interventions

Outcome: Improving social functioning

Clinical and research implications

No relevant, high quality research was identified.

What does the evidence say?

Number of included studies/reviews (number of participants)

N/A

Main Findings

N/A

Authors Conclusions

N/A

Reliability of conclusions/Strength of evidence

N/A

What do guidelines say?

NICE guidelines regarding the treatment and management borderline personality disorder (2009, CG78) make the following statements and recommendations about dialectical behaviour therapy;

“For women with borderline personality disorder for whom reducing recurrent self-harm is a priority, consider a comprehensive dialectical behaviour therapy programme.” (pp. 18)

“Research suggests that psychological therapy programmes, such as dialectical behaviour therapy and mentalisation-based therapy as delivered in the studies reviewed for this guideline, may benefit people with borderline personality disorder. However, trials are relatively small, and research is generally at an early stage of development with studies tending to examine interventions delivered in centres of excellence. In addition, few trials have included large numbers of men. Pragmatic trials comparing psychological therapy programmes with high-quality outpatient follow-up by community mental health services would help to establish the effectiveness, costs and cost effectiveness of these interventions delivered in generalizable settings. The effect of these interventions among men and young people should also be examined.” (pp.30)

Date question received: 13/01/2014

Date searches conducted: 12/11/2013

Date answer completed: 05/03/2014

References

Guidelines

National Institute for Health and Care Excellence (2009) Borderline personality disorder. Treatment and management. CG78. London: National Institute for Health and Care Excellence.

<http://www.nice.org.uk/nicemedia/live/12125/43045/43045.pdf>

Search Details

Source	Search Strategy	Number of hits	Relevant evidence identified
<i>SRs and Guidelines</i>			
NICE	personality disorder	351	1
DARE	(forensic* OR secure* OR prison*) IN DARE 111 Delete 2 (offence* OR offense* OR offend*) IN DARE 69 Delete 3 (deviant* OR delinquen*) IN DARE 30 Delete 4 (crime* or criminal*) IN DARE 97 Delete 5 MeSH DESCRIPTOR Forensic Psychiatry EXPLODE ALL TREES 22 Delete 6 MeSH DESCRIPTOR Forensic Nursing EXPLODE ALL TREES 0 Delete 7 MeSH DESCRIPTOR Criminals EXPLODE ALL TREES 6 Delete 8 MeSH DESCRIPTOR Criminal Psychology EXPLODE ALL TREES 3 Delete 9 #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8	249	0
<i>Primary studies</i>			
CENTRAL	1 MeSH descriptor: [Forensic Psychiatry] explode all trees #2 MeSH descriptor: [Criminals] explode all trees #3 "secure services" #4 "secure care" #5 "secure psychiatric" #6 "secure treatment" #7 "secure settings" #8 "secure hospital" #9 "low secure" or "low security" #10 "medium secure" or "medium security" #11 "high secure" or "high security" #12 "forensic mental health" #13 "forensic psychiatric patient"	661	0

	<p>#14 "forensic service" #15 "forensic hospital" #16 "forensic setting" #17 "forensic unit" #18 "forensic inpatient" #19 "mentally disordered offender" #20 "mentally ill prisoner" #21 "mentally ill offender" #22 correctional #23 "correctional institution" #24 "mental institution" #25 "psychiatric institution" #26 "forensic institution" #27 offender #28 #1 or #2 or #3 or #4 or #5 or #6 #29 #7 or #8 or #9 or #10 or #11 or #12 #30 #14 or #15 or #16 or #17 or #19 or #22 #31 #23 or #24 or #25 or #27 #32 #28 or #29 or #30 or #31 = 856 Central only 661</p>		
PsycINFO	<p>1. PsycINFO; "secure service*".ti,ab; 123 results. 2. PsycINFO; (secure adj3 service*).ti,ab; 272 results. 3. PsycINFO; "secure care".ti,ab; 119 results. 4. PsycINFO; "secure psychiatric".ti,ab; 187 results. 5. PsycINFO; "secure treatment".ti,ab; 27 results. 6. PsycINFO; "secure setting*".ti,ab; 189 results.</p>	2377	0

<p>7. PsycINFO; (secure adj3 hospital*).ti,ab; 267 results.</p> <p>8. PsycINFO; ("low secur*" OR "medium secur*" OR "high secur*").ti,ab; 1120 results.</p> <p>9. PsycINFO; (forensic adj3 psychiat*).ti,ab; 3367 results.</p> <p>10. PsycINFO; (forensic adj3 mental*).ti,ab; 934 results. 11. PsycINFO; (forensic adj3 service*).ti,ab; 660 results. 12. PsycINFO; "forensic mental health*".ti,ab; 737 results.</p> <p>13. PsycINFO; "forensic psychiatric patient*".ti,ab; 202 results.</p> <p>14. PsycINFO; "forensic hospital*".ti,ab; 259 results.</p> <p>15. PsycINFO; "forensic setting*".ti,ab; 758 results.</p> <p>16. PsycINFO; "forensic unit*".ti,ab; 125 results.</p> <p>17. PsycINFO; "mentally disordered offender*".ti,ab; 546 results.</p> <p>18. PsycINFO; "mentally ill prisoner*".ti,ab; 61 results.</p> <p>19. PsycINFO; "mentally ill offender*".ti,ab; 333 results.</p> <p>20. PsycINFO; (correction* adj3 mental).ti,ab; 305 results.</p> <p>21. PsycINFO; (correction* adj3 psychiatric).ti,ab; 88 results.</p> <p>22. PsycINFO; (institution adj3 mental).ti,ab; 257 results.</p> <p>23. PsycINFO; (institution adj3 psychiatric).ti,ab; 356 results.</p> <p>24. PsycINFO; (institution adj3 forensic).ti,ab; 26 results.</p>		
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<p>25. PsycINFO; offender.ti,ab; 8299 results.</p> <p>26. PsycINFO; FORENSIC PSYCHIATRY/ OR FORENSIC PSYCHOLOGY/; 6475 results.</p> <p>27. PsycINFO; MENTALLY ILL OFFENDERS/; 3069 results.</p> <p>28. PsycINFO; 1 OR 2 OR 3 OR 4 OR 5 OR 6 OR 7 OR 8 OR 9 OR 10 OR 11 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20 OR 21 OR 22 OR 23 OR 24 OR 25 OR 26 OR 27; 20441 results.</p> <p>29. PsycINFO; CLINICAL TRIALS/; 7255 results.</p> <p>30. PsycINFO; random*.ti,ab; 125549 results.</p> <p>31. PsycINFO; groups.ti,ab; 358349 results.</p> <p>32. PsycINFO; (double adj3 blind).ti,ab; 17527 results.</p> <p>33. PsycINFO; (single adj3 blind).ti,ab; 1361 results.</p> <p>34. PsycINFO; EXPERIMENTAL DESIGN/; 8913 results.</p> <p>35. PsycINFO; controlled.ti,ab; 78226 results.</p> <p>36. PsycINFO; (clinical adj3 study).ti,ab; 7702 results.</p> <p>37. PsycINFO; trial.ti,ab; 66156 results.</p> <p>38. PsycINFO; "treatment outcome clinical trial".md; 25761 results.</p> <p>39. PsycINFO; 29 OR 30 OR 31 OR 32 OR 33 OR 34 OR 35 OR 36 OR 37 OR 38; 553772 results.</p> <p>40. PsycINFO; 28 AND 39; 3441 results.</p>		
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	<p>41. PsycINFO; 40 [Limit to: (Publication Types 0100 Journal or 0110 Peer-Reviewed Journal or 0120 Non-Peer-Reviewed Journal) and (Document Types Journal Article or Reviews)]; 2377 results.</p> <p>42. PsycINFO; 41 [Limit to: (Publication Types 0100 Journal or 0110 Peer-Reviewed Journal or 0120 Non-Peer-Reviewed Journal) and (Document Types Journal Article or Reviews) and Publication Year 1860-1980]; 170 results.</p> <p>43. PsycINFO; 41 [Limit to: (Publication Types 0100 Journal or 0110 Peer-Reviewed Journal or 0120 Non-Peer-Reviewed Journal) and (Document Types Journal Article or Reviews) and Publication Year 1981-1990]; 306 results.</p> <p>44. PsycINFO; 41 [Limit to: (Publication Types 0100 Journal or 0110 Peer-Reviewed Journal or 0120 Non-Peer-Reviewed Journal) and (Document Types Journal Article or Reviews) and Publication Year 1991-2000]; 468 results.</p> <p>45. PsycINFO; 41 [Limit to: (Publication Types 0100 Journal or 0110 Peer-Reviewed Journal or 0120 Non-Peer-Reviewed Journal) and (Document Types Journal Article or Reviews) and Publication Year 2001-2005]; 475 results.</p> <p>46. PsycINFO; 41 [Limit to: (Publication Types 0100 Journal or 0110 Peer-Reviewed Journal or 0120 Non-Peer-Reviewed Journal) and (Document Types Journal Article or Reviews) and Publication Year 2006-2014]; 959 results.</p>		
Embase	<p>1. EMBASE; (secure adj3 service*).ti,ab; 273 results.</p> <p>2. EMBASE; "secure care".ti,ab; 82 results.</p> <p>3. EMBASE; "secure treatment".ti,ab; 43 results.</p> <p>4. EMBASE; "secure psychiatric".ti,ab; 155 results.</p> <p>5. EMBASE; (secure adj3 psychiat*).ti,ab; 218 results.</p> <p>6. EMBASE; (secure adj3 setting).ti,ab; 95 results.</p> <p>7. EMBASE; (secure adj3 hospital).ti,ab; 198 results.</p>	1063	0

<p>9. EMBASE; "low secur*".ti,ab; 85 results.</p> <p>10. EMBASE; "medium secur*".ti,ab; 401 results.</p> <p>11. EMBASE; "high secur*".ti,ab; 623 results.</p> <p>12. EMBASE; (forensic adj3 mental*).ti,ab; 506 results.</p> <p>13. EMBASE; (forensic adj3 psychiatr*).ti,ab; 3588 results.</p> <p>14. EMBASE; (forensic adj3 service*).ti,ab; 818 results.</p> <p>15. EMBASE; (forensic adj3 hospital*).ti,ab; 555 results.</p> <p>17. EMBASE; (forensic adj3 unit*).ti,ab; 290 results.</p> <p>18. EMBASE; (forensic adj3 setting*).ti,ab; 640 results.</p> <p>19. EMBASE; (forensic adj3 inpatient).ti,ab; 109 results.</p> <p>20. EMBASE; (mental* adj3 prisoner*).ti,ab; 245 results.</p> <p>21. EMBASE; (correction* adj3 mental*).ti,ab; 137 results.</p> <p>22. EMBASE; (correction* adj3 psychiatr*).ti,ab; 95 results.</p> <p>23. EMBASE; (institution adj3 mental*).ti,ab; 398 results.</p> <p>25. EMBASE; (institution adj3 psychiatr*).ti,ab; 378 results.</p> <p>26. EMBASE; (institution adj3 forensic).ti,ab; 28 results.</p> <p>27. EMBASE; offender*.ti,ab; 10094 results.</p> <p>28. EMBASE; FORENSIC PSYCHIATRY/; 12171 results.</p> <p>29. EMBASE; 1 OR 2 OR 3 OR 4 OR 5 OR 6 OR 7 OR 9 OR 10 OR 11 OR 12 OR 13 OR 14 OR 15 OR 17 OR 18 OR 19 OR 20 OR 21 OR 22 OR 23 OR 25 OR 26 OR 27 OR 28; 24880 results.</p> <p>30. EMBASE; random*.tw; 877206 results.</p> <p>31. EMBASE; factorial*.tw; 22828 results.</p> <p>32. EMBASE; placebo*.tw; 200654 results.</p> <p>33. EMBASE; (crossover* OR cross-over*).tw; 69594 results.</p> <p>34. EMBASE; (doubl* adj3 blind*).tw; 143828 results.</p> <p>35. EMBASE; (singl* adj3 blind*).tw; 16662 results.</p> <p>36. EMBASE; assign*.tw; 238638 results.</p> <p>37. EMBASE; allocat*.tw; 82500 results.</p> <p>38. EMBASE; volunteer*.tw; 177304 results.</p>		
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	<p>39. EMBASE; CROSSOVER PROCEDURE/; 39628 results.</p> <p>40. EMBASE; DOUBLE-BLIND PROCEDURE/; 119883 results.</p> <p>41. EMBASE; SINGLE-BLIND PROCEDURE/; 18864 results.</p> <p>42. EMBASE; RANDOMIZED CONTROLLED TRIAL/; 365165 results.</p> <p>43. EMBASE; 30 OR 31 OR 32 OR 33 OR 34 OR 35 OR 36 OR 37 OR 38 OR 39 OR 40 OR 41 OR 42; 1413764 results.</p> <p>44. EMBASE; 29 AND 43; 1063 results.</p>		
Medline	<p>30. MEDLINE; (secure adj3 service*).ti,ab; 175 results.</p> <p>31. MEDLINE; "secure care".ti,ab; 46 results.</p> <p>32. MEDLINE; "secure treatment".ti,ab; 31 results.</p> <p>33. MEDLINE; "secure psychiatric".ti,ab; 83 results.</p> <p>34. MEDLINE; (secure adj3 psychiat*).ti,ab; 127 results.</p> <p>35. MEDLINE; (secure adj3 setting).ti,ab; 58 results.</p> <p>36. MEDLINE; (secure adj3 hospital).ti,ab; 118 results.</p> <p>37. MEDLINE; "low secur*".ti,ab; 51 results.</p> <p>38. MEDLINE; "medium secur*".ti,ab; 211 results.</p> <p>39. MEDLINE; "high secur*".ti,ab; 350 results.</p> <p>40. MEDLINE; (forensic adj3 mental*).ti,ab; 314 results.</p> <p>41. MEDLINE; (forensic adj3 psychiat*).ti,ab; 2442 results.</p> <p>42. MEDLINE; (forensic adj3 service*).ti,ab; 539 results.</p> <p>43. MEDLINE; (forensic adj3 hospital*).ti,ab; 364 results.</p> <p>44. MEDLINE; (forensic adj3 unit*).ti,ab; 190 results.</p> <p>45. MEDLINE; (forensic adj3 setting*).ti,ab; 417 results.</p> <p>46. MEDLINE; (forensic adj3 inpatient).ti,ab; 68 results.</p> <p>47. MEDLINE; (mental* adj3 prisoner*).ti,ab; 188 results.</p> <p>48. MEDLINE; (correction* adj3 mental*).ti,ab; 110 results.</p> <p>49. MEDLINE; (correction* adj3 psychiat*).ti,ab; 75 results.</p> <p>50. MEDLINE; (institution adj3 mental*).ti,ab; 383 results.</p> <p>51. MEDLINE; (institution adj3 psychiat*).ti,ab; 290 results.</p> <p>52. MEDLINE; (institution adj3 forensic).ti,ab; 20 results.</p> <p>53. MEDLINE; offender*.ti,ab; 7308 results.</p>	2153	0

	54. MEDLINE; FORENSIC PSYCHIATRY/; 7832 results. 55. MEDLINE; 30 OR 31 OR 32 OR 33 OR 34 OR 35 OR 36 OR 37 OR 38 OR 39 OR 40 OR 41 OR 42 OR 43 OR 44 OR 45 OR 46 OR 47 OR 48 OR 49 OR 50 OR 51 OR 52 OR 53 OR 54; 17259 results. 56. MEDLINE; "randomized controlled trial".pt; 359830 results. 57. MEDLINE; "controlled clinical trial".pt; 86999 results. 58. MEDLINE; randomi?ed.ab; 334941 results. 59. MEDLINE; randomly.ab; 204307 results. 60. MEDLINE; trial.ab; 289275 results. 61. MEDLINE; groups.ab; 1307773 results. 62. MEDLINE; 56 OR 57 OR 58 OR 59 OR 60 OR 61. 1891339 results. 62. MEDLINE; 55 AND 62; 2153 results.		
Summary	NA	NA	

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