

Best Evidence Summaries of Topics in Mental Healthcare

BEST in MH *clinical question-answering service*

Question

“For pregnant women with anxiety and depression, how effective is drama therapy compared to any other intervention/no intervention for improving patient outcomes.”

Clarification of question using PICO structure

Patients: Pregnant women with anxiety and depression
Intervention: Drama therapy
Comparator: Any other intervention/no intervention
Outcome: Any patient outcomes

Clinical and research implications

No relevant systematic reviews or randomised controlled trials were found to answer this question.

What does the evidence say?

Number of included studies/reviews (number of participants)

N/A

Main Findings

N/A

Authors Conclusions

N/A

Reliability of conclusions/Strength of evidence

N/A

What do guidelines say?

Neither National Institute for Health and Care Excellence (NICE) nor Scottish Intercollegiate Guidelines Network (SIGN) guidelines comment upon the use of drama therapy for pregnant women with anxiety and depression.

Date question received: 12/02/2015

Date searches conducted: 13/02/2015

Date answer completed: 20/02/2015

Search Details

Search Details

Source	Search Strategy	Number of hits	Relevant evidence identified
<i>SRs and Guidelines</i>			
NICE	antenatal depression anxiety	46	0
DARE	1 (drama* or play* or story* or improvi?ation* or fairy* or creative* or theat* or ritual* or myth* or role-play*) IN DARE476 2 (psychodrama* or psycho?drama* or dramatherap* or drama?therap* or role-play?therap* or roleplay*) IN DARE 3 Delete 3 MeSH DESCRIPTOR Drama EXPLODE ALL TREES 1 Delete 4 MeSH DESCRIPTOR Psychodrama EXPLODE ALL TREES 4 Delete 5 #1 OR #2 477 Delete 6 #3 OR #4 5 Delete 7 #5 OR #6 477 Delete 8 (pregnan* or ant?natal or ant?part* or (ante Next natal) or (ante Next part*)) IN DARE 2707 Delete 9 MeSH DESCRIPTOR Pregnancy Complications EXPLODE ALL TREES 1322 Delete 10 #8 OR #9 3298 Delete 11 #7 AND #10 30 Delete	30	0
<i>Primary studies</i>			
Embase	21. EMBASE; (drama* OR play* OR story* OR improvi?ation* OR fairy* OR creative* OR theat* OR ritual* OR myth* OR role-play*).ti,ab; 1178855 results. 22. EMBASE; (psychodrama* OR psycho?drama* OR dramatherap* OR drama?therap* OR role-play?therap* OR roleplay*).ti,ab; 555 results.	51	0

	<p>23. EMBASE; exp PSYCHODRAMA/; 1062 results.</p> <p>24. EMBASE; ((pregnan* OR ant?natal OR ant?part* OR (ante Next natal) OR (ante Next part*))).ti,ab; 457956 results.</p> <p>25. EMBASE; exp PREGNANCY/; 565107 results.</p> <p>26. EMBASE; exp MAJOR DEPRESSION/; 38988 results.</p> <p>27. EMBASE; exp ATYPICAL DEPRESSION/; 440 results.</p> <p>28. EMBASE; ((depress\$ adj3 (patient\$ OR symptom\$ OR disorder\$))).ti,ab; 123108 results.</p> <p>29. EMBASE; exp ANXIETY/; 123782 results.</p> <p>30. EMBASE; exp ANXIETY DISORDERS/; 154228 results.</p> <p>31. EMBASE; (((anxi\$ adj3 (patient\$ OR symptom\$ OR disorder\$))).ti,ab; 54365 results.</p> <p>32. EMBASE; 21 OR 22 OR 23; 1179691 results.</p> <p>33. EMBASE; 24 OR 25; 726485 results.</p> <p>34. EMBASE; 26 OR 27 OR 28 OR 29 OR 30 OR 31; 362940 results.</p> <p>35. EMBASE; 32 AND 33 AND 34; 519 results.</p> <p>43. EMBASE; random*.tw; 931181 results.</p> <p>44. EMBASE; factorial*.tw; 24001 results.</p> <p>45. EMBASE; placebo*.tw; 207629 results.</p> <p>46. EMBASE; (crossover* OR cross-over*).tw; 71458 results.</p> <p>47. EMBASE; (doubl* adj3 blind*).tw; 147015 results.</p> <p>48. EMBASE; (singl* adj3 blind*).tw; 17692 results.</p> <p>49. EMBASE; assign*.tw; 249371 results.</p> <p>50. EMBASE; allocat*.tw; 88250 results.</p> <p>51. EMBASE; volunteer*.tw; 182118 results.</p> <p>52. EMBASE; CROSSOVER PROCEDURE/; 41316 results.</p> <p>53. EMBASE; DOUBLE-BLIND PROCEDURE/; 117430 results.</p> <p>54. EMBASE; SINGLE-BLIND PROCEDURE/; 19380 results.</p> <p>55. EMBASE; RANDOMIZED CONTROLLED TRIAL/; 358167 results.</p> <p>56. EMBASE; 43 OR 44 OR 45 OR 46 OR 47 OR 48 OR 49 OR 50 OR 51 OR 52 OR 53 OR 54 OR 55; 1476445 results.</p> <p>57. EMBASE; 35 AND 56; 51 results.</p>		
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Medline	<p>36. MEDLINE; (drama* OR play* OR story* OR improvi?ation* OR fairy* OR creative* OR theat* OR ritual* OR myth* OR role-play*).ti,ab; 992071 results.</p> <p>37. MEDLINE; (psychodrama* OR psycho?drama* OR dramatherap* OR drama?therap* OR role-play?therap* OR roleplay*).ti,ab; 335 results.</p> <p>38. MEDLINE; exp PSYCHODRAMA/; 2734 results.</p> <p>39. MEDLINE; ((pregnan* OR ant?natal OR ant?part* OR (ante Next natal) OR (ante Next part*))).ti,ab; 392650 results.</p> <p>40. MEDLINE; exp PREGNANCY/; 719933 results.</p> <p>43. MEDLINE; ((depress\$ adj3 (patient\$ OR symptom\$ OR disorder\$))).ti,ab; 93410 results.</p> <p>44. MEDLINE; exp ANXIETY/; 57187 results.</p> <p>45. MEDLINE; exp ANXIETY DISORDERS/; 69575 results.</p> <p>46. MEDLINE; (((anxi\$ adj3 (patient\$ OR symptom\$ OR disorder\$))).ti,ab; 39170 results.</p> <p>47. MEDLINE; 36 OR 37 OR 38; 993837 results.</p> <p>48. MEDLINE; 39 OR 40; 807562 results.</p> <p>49. MEDLINE; 41 OR 42 OR 43 OR 44 OR 45 OR 46; 210628 results.</p> <p>50. MEDLINE; 47 AND 48 AND 49; 257 results.</p> <p>51. MEDLINE; "randomized controlled trial".pt; 384258 results.</p> <p>52. MEDLINE; "controlled clinical trial".pt; 88599 results.</p> <p>53. MEDLINE; randomi?ed.ab; 368967 results.</p> <p>54. MEDLINE; placebo.ab; 157910 results.</p> <p>55. MEDLINE; "drug therapy".fs; 1735298 results.</p> <p>56. MEDLINE; randomly.ab; 223704 results.</p> <p>57. MEDLINE; trial.ab; 318604 results.</p> <p>58. MEDLINE; groups.ab; 1412522 results.</p> <p>59. MEDLINE; 51 OR 52 OR 53 OR 54 OR 55 OR 56 OR 57 OR 58; 3454044 results.</p> <p>60. MEDLINE; exp DEPRESSION/; 78619 results.</p> <p>61. MEDLINE; exp DEPRESSIVE DISORDER/; 82202 results.</p> <p>62. MEDLINE; 43 OR 44 OR 45 OR 46 OR 60 OR 61; 284991 results.</p> <p>63. MEDLINE; 47 AND 48 AND 59 AND 62; 109 results.</p>	109	0
PsycINFO	6. PsycINFO; (drama* OR play* OR story* OR improvi?ation* OR fairy* OR creative* OR	41	0

	<p>theat* OR ritual* OR myth* OR role-play*).ti,ab; 281010 results.</p> <p>7. PsycINFO; (psychodrama* OR psycho?drama* OR dramatherap* OR drama?therap* OR role-play?therap* OR roleplay*).ti,ab; 2563 results.</p> <p>8. PsycINFO; exp PSYCHODRAMA/; 1893 results.</p> <p>9. PsycINFO; ((pregnan* OR ant?natal OR ant?part* OR (ante Next natal) OR (ante Next part*))).ti,ab; 34429 results.</p> <p>10. PsycINFO; exp PREGNANCY/; 18683 results.</p> <p>11. PsycINFO; exp MAJOR DEPRESSION/; 97423 results.</p> <p>12. PsycINFO; exp ATYPICAL DEPRESSION/; 171 results.</p> <p>13. PsycINFO; ((depress\$ adj3 (patient\$ OR symptom\$ OR disorder\$))).ti,ab; 89630 results.</p> <p>14. PsycINFO; exp ANXIETY/; 53507 results.</p> <p>15. PsycINFO; exp ANXIETY DISORDERS/; 64180 results.</p> <p>16. PsycINFO; (((anxi\$ adj3 (patient\$ OR symptom\$ OR disorder\$))).ti,ab; 41575 results.</p> <p>17. PsycINFO; 6 OR 7 OR 8; 282685 results.</p> <p>18. PsycINFO; 9 OR 10; 36474 results.</p> <p>19. PsycINFO; 11 OR 12 OR 13 OR 14 OR 15 OR 16; 234547 results.</p> <p>20. PsycINFO; 17 AND 18 AND 19; 208 results.</p> <p>21. PsycINFO; CLINICAL TRIALS/; 8355 results.</p> <p>22. PsycINFO; random*.ti,ab; 138243 results.</p> <p>23. PsycINFO; groups.ti,ab; 383644 results.</p> <p>24. PsycINFO; (doubl* adj3 blind*).ti,ab; 19015 results.</p> <p>25. PsycINFO; (singl* adj3 blind*).ti,ab; 1757 results.</p> <p>26. PsycINFO; EXPERIMENTAL DESIGN/; 9474 results.</p> <p>27. PsycINFO; controlled.ti,ab; 85636 results.</p> <p>28. PsycINFO; (clinical adj3 study).ti,ab; 8357 results.</p> <p>29. PsycINFO; trial.ti,ab; 72767 results.</p> <p>30. PsycINFO; "treatment outcome clinical trial".md; 28978 results.</p> <p>31. PsycINFO; 21 OR 22 OR 23 OR 24 OR 25 OR 26 OR 27 OR 28 OR 29 OR 30; 595906 results.</p> <p>32. PsycINFO; 20 AND 31; 41 results.</p>		
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CENTRAL	<p>#1 drama or play or story or improvisation or fairy or creative or theat or ritual or myth or role-play 9806</p> <p>#2 psychodrama* or psycho?drama* or dramatherap* or drama?therap* or role-play?therap* or roleplay*.ti,ab 89</p> <p>#3 MeSH descriptor: [Psychodrama] explode all trees 159</p> <p>#4 pregnan* or ant?natal or ant?part* or (ante next natal) or (ante next part*) .ti,ab 30479</p> <p>#5 MeSH descriptor: [Pregnancy] explode all trees 5852</p> <p>#6 MeSH descriptor: [Depressive Disorder, Major] explode all trees 2447</p> <p>#7 MeSH descriptor: [Depression] explode all trees 5520</p> <p>#8 depress adj3 (patient or symptom or disorder) .ti,ab 30</p> <p>#9 MeSH descriptor: [Anxiety] explode all trees 5216</p> <p>#10MeSH descriptor: [Anxiety Disorders] explode all trees 4993</p> <p>#11 anxi adj3 (patient or symptom or disorder) .ti,ab 5</p> <p>#12 #1 or #2 or #3 9946</p> <p>#13 #4 or #5 30651</p> <p>#14 #6 or #7 or #8 or #9 or #10 or #11 15878</p> <p>#15 #12 and #13 and #14 38</p>		
Summary	NA	NA	

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