

# Best Evidence Summaries of Topics in Mental Healthcare

**BEST** *in* **MH** *clinical question-answering service*

## Question

For adults of working age referred to primary care mental health services, how effective are job retention services\* compared to no or any other intervention, in improving any work-related outcome?

## Clarification of question using *PICO* structure

*Patients:* Adults of working age referred to primary care mental health services  
*Intervention:* Job retention services  
*Comparator:* No or any other intervention  
*Outcome:* Any work-related outcome

\*Any specialised employment support aimed at keeping people in their current work or changing jobs without becoming unemployed first (as defined by [Sainsbury Centre for Mental Health](#), accessed 14<sup>th</sup> April, 2015)

## **Clinical and research implications**

No relevant high-quality evidence was found which examines the effectiveness of job retention strategies for adults of working age referred to primary care mental health services.

### **What does the evidence say?**

#### ***Number of included studies/reviews (number of participants)***

N/A

#### ***Main findings***

N/A

#### ***Authors conclusions***

N/A

#### ***Reliability of conclusions/Strength of evidence***

N/A

### **What do guidelines say?**

Neither NICE nor SIGN guidelines comment upon the effectiveness of job retention strategies for adults of working age referred to primary care mental health services.

**Date question received:** 02/04/2015

**Date searches conducted:** 21/04/2015

**Date answer completed:** 05/05/2015

### Search details

Source	Search Strategy	Number of hits	Relevant evidence identified
<i>Guidelines</i>			
NICE	Job retention OR work retention	70	0
<i>Systematic Reviews</i>			
DARE	1 MeSH DESCRIPTOR Depression EXPLODE ALL TREES 576 Delete 2 MeSH DESCRIPTOR Depressive Disorder EXPLODE ALL TREES 1034 Delete 3 MeSH DESCRIPTOR Depression, Postpartum EXPLODE ALL TREES 74 Delete 4 MeSH DESCRIPTOR Depressive Disorder, Major EXPLODE ALL TREES 330 Delete 5 MeSH DESCRIPTOR Anxiety EXPLODE ALL TREES 270 Delete 6 MeSH DESCRIPTOR Anxiety Disorders EXPLODE ALL TREES 488 Delete 7 MeSH DESCRIPTOR Mental Health EXPLODE ALL TREES 124 Delete 8 MeSH DESCRIPTOR Mental Disorders EXPLODE ALL TREES 5195 Delete 9 MeSH DESCRIPTOR Mood Disorders EXPLODE ALL TREES 1223 Delete 10 MeSH DESCRIPTOR Affect EXPLODE ALL TREES 49 Delete 11 ((depress* OR anx* ) IN DARE 2627 Delete 12 ((mental health) OR (mental condition*) OR (mental disorder*) OR (mental illness*)) IN DARE 1110 Delete 13 MeSH DESCRIPTOR Physicians, Primary Care EXPLODE ALL TREES 16 Delete 14 MeSH DESCRIPTOR Primary Care Nursing EXPLODE ALL TREES 5 Delete 15 MeSH DESCRIPTOR Primary Health Care EXPLODE ALL TREES 1046 Delete 16 ((primary adj2 care) OR (primary adj2 health* ) ) IN DARE 960 Delete 17 (GP or GP?s) IN DARE 269 Delete 18 ((family or general or community) adj3 (medic* or doctor* or physician* or practi* or health*)) IN DARE 1362 Delete 19 ((community adj3 care ) OR (community adj3 health*)) IN DARE 439 Delete	10	0

	<p>20 MeSH DESCRIPTOR Work EXPLODE ALL TREES 38 Delete  21 MeSH DESCRIPTOR Return to Work EXPLODE ALL TREES 12 Delete  22 MeSH DESCRIPTOR Work Capacity Evaluation EXPLODE ALL TREES 13 Delete  23 MeSH DESCRIPTOR Workplace EXPLODE ALL TREES 126 Delete  24 MeSH DESCRIPTOR Employment, Supported EXPLODE ALL TREES IN DARE 8 Delete  25 MeSH DESCRIPTOR Rehabilitation, Vocational EXPLODE ALL TREES 53 Delete  26 ((Job or employment or work or in?work or occupation or career) adj3 (retention or protect* or support* or secur* or mediat* or remain or coaching or return)) IN DARE 48 Delete  27 #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 7057 Delete  28 #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 2941 Delete  29 #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 246 Delete  30 #27 AND #28 AND #29 10 Delete</p>		
<i>Primary Studies</i>			
PsycINFO	<ol style="list-style-type: none"> <li>1. PsycInfo; "primary mental health care".ti,ab; 118 results.</li> <li>2. PsycInfo; COMMUNITY MENTAL HEALTH/ OR COMMUNITY MENTAL HEALTH CENTERS/ OR COMMUNITY MENTAL HEALTH SERVICES/; 10462 results.</li> <li>3. PsycInfo; 1 OR 2; 10577 results.</li> <li>4. PsycInfo; PRIMARY HEALTH CARE/; 13436 results.</li> <li>5. PsycInfo; 3 OR 4; 23839 results.</li> <li>6. PsycInfo; exp MENTAL DISORDERS/; 68463 results.</li> <li>7. PsycInfo; ("mental health" OR "mental condition*" OR "mental disorder*" OR "mental illness*").ti,ab; 156818 results.</li> <li>8. PsycInfo; 6 OR 7; 197576 results.</li> <li>9. PsycInfo; "job retention*".ti,ab; 204 results.</li> <li>10. PsycInfo; exp VOCATIONAL REHABILITATION/; 5215 results.</li> <li>11. PsycInfo; REEMPLOYMENT/ OR JOB SEARCH/ OR EMPLOYMENT STATUS/ OR UNEMPLOYMENT/; 16861 results.</li> <li>12. PsycInfo; 9 OR 10 OR 11; 21227 results.</li> <li>13. PsycInfo; 5 AND 8 AND 12; 105 results.</li> </ol>	24	0

	<p>14. PsycInfo; random*.ti,ab; 140291 results.</p> <p>15. PsycInfo; (doubl* ADJ blind*).ti,ab; 19208 results.</p> <p>16. PsycInfo; (singl* ADJ blind*).ti,ab; 1662 results.</p> <p>17. PsycInfo; RANDOMIZED CONTROLLED TRIAL/; 644 results.</p> <p>18. PsycInfo; groups.ti,ab; 384594 results.</p> <p>19. PsycInfo; exp EXPERIMENTAL DESIGN/; 9701 results.</p> <p>20. PsycInfo; controlled.ti,ab; 86905 results.</p> <p>21. PsycInfo; (clinical adj3 study).ti,ab; 11672 results.</p> <p>22. PsycInfo; trial.ti,ab; 73912 results.</p> <p>23. PsycInfo; 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20 OR 21 OR 22; 593562 results.</p> <p>24. PsycInfo; 13 AND 23; 24 results.</p>		
Cinahl	<p>25. CINAHL; "primary mental health care".ti,ab; 68 results.</p> <p>26. CINAHL; COMMUNITY MENTAL HEALTH/ OR COMMUNITY MENTAL HEALTH CENTERS/ OR COMMUNITY MENTAL HEALTH SERVICES/; 6083 results.</p> <p>27. CINAHL; 25 OR 26; 6144 results.</p> <p>28. CINAHL; PRIMARY HEALTH CARE/; 30895 results.</p> <p>29. CINAHL; 27 OR 28; 36781 results.</p> <p>30. CINAHL; exp MENTAL DISORDERS/; 258020 results.</p> <p>31. CINAHL; ("mental health" OR "mental condition*" OR "mental disorder*" OR "mental illness*").ti,ab; 44944 results.</p> <p>32. CINAHL; 30 OR 31; 281805 results.</p> <p>33. CINAHL; "job retention*".ti,ab; 125 results.</p> <p>34. CINAHL; exp VOCATIONAL REHABILITATION/; 0 results.</p> <p>35. CINAHL; REEMPLOYMENT/ OR JOB SEARCH/ OR EMPLOYMENT STATUS/ OR UNEMPLOYMENT/; 7077 results.</p> <p>36. CINAHL; 33 OR 34 OR 35; 7194 results.</p> <p>37. CINAHL; 29 AND 32 AND 36; 89 results.</p> <p>38. CINAHL; random*.ti,ab; 117589 results.</p> <p>39. CINAHL; (doubl* ADJ blind*).ti,ab; 14398 results.</p>	21	0

	<p>40. CINAHL; (singl* ADJ blind*).ti,ab; 2255 results.</p> <p>41. CINAHL; RANDOMIZED CONTROLLED TRIAL/; 0 results.</p> <p>42. CINAHL; groups.ti,ab; 145510 results.</p> <p>43. CINAHL; exp EXPERIMENTAL DESIGN/; 0 results.</p> <p>44. CINAHL; controlled.ti,ab; 68034 results.</p> <p>45. CINAHL; (clinical adj3 study).ti,ab; 11007 results.</p> <p>46. CINAHL; trial.ti,ab; 71003 results.</p> <p>47. CINAHL; 38 OR 39 OR 40 OR 41 OR 42 OR 43 OR 44 OR 45 OR 46; 274823 results.</p> <p>48. CINAHL; 37 AND 47; 21 results.</p> <p>49. CINAHL; VOCATIONAL GUIDANCE/ OR REHABILITATION,VOCATIONAL/; 281 results.</p> <p>50. CINAHL; EMPLOYMENT,SUPPORTED/ OR JOB ACCOMMODATION/; 635 results.</p> <p>51. CINAHL; "Randomized controlled trial".pt; 27283 results.</p> <p>52. CINAHL; 33 OR 35 OR 49 OR 50; 8076 results.</p> <p>53. CINAHL; 29 AND 32 AND 52; 94 results.</p> <p>54. CINAHL; 47 OR 51; 279763 results.</p> <p>55. CINAHL; 53 AND 54; 21 results.</p>		
MEDLINE	<p>51. Medline; "primary mental health care".ti,ab; 124 results.</p> <p>52. Medline; COMMUNITY MENTAL HEALTH/ OR COMMUNITY MENTAL HEALTH CENTERS/ OR COMMUNITY MENTAL HEALTH SERVICES/; 19187 results.</p> <p>53. Medline; 51 OR 52; 19290 results.</p> <p>54. Medline; PRIMARY HEALTH CARE/; 55766 results.</p> <p>55. Medline; 53 OR 54; 74575 results.</p> <p>56. Medline; exp MENTAL DISORDERS/; 1113697 results.</p> <p>57. Medline; ("mental health" OR "mental condition*" OR "mental disorder*" OR "mental illness*").ti,ab; 103141 results.</p> <p>58. Medline; 56 OR 57; 1162414 results.</p> <p>59. Medline; "job retention*".ti,ab; 111 results.</p> <p>60. Medline; exp VOCATIONAL REHABILITATION/; 0 results.</p> <p>61. Medline; REEMPLOYMENT/ OR JOB SEARCH/ OR EMPLOYMENT STATUS/ OR UNEMPLOYMENT/; 5341</p>	72	0

	<p>results.</p> <p>62. Medline; 59 OR 60 OR 61; 5440 results.</p> <p>63. Medline; 55 AND 58 AND 62; 55 results.</p> <p>64. Medline; VOCATIONAL GUIDANCE/ OR REHABILITATION,VOCATIONAL/; 10301 results.</p> <p>65. Medline; EMPLOYMENT,SUPPORTED/ OR JOB ACCOMMODATION/; 907 results.</p> <p>66. Medline; 59 OR 61 OR 64 OR 65; 16089 results.</p> <p>67. Medline; 55 AND 58 AND 66; 415 results.</p> <p>68. Medline; randomized.ab; 310872 results.</p> <p>69. Medline; placebo.ab; 158183 results.</p> <p>70. Medline; randomly.ab; 225256 results.</p> <p>71. Medline; trial.ab; 313244 results.</p> <p>72. Medline; groups.ab; 1414839 results.</p> <p>73. Medline; "randomized controlled trial".pt; 385691 results.</p> <p>74. Medline; "controlled clinical trial".pt; 88687 results.</p> <p>75. Medline; 68 OR 69 OR 70 OR 71 OR 72 OR 73 OR 74; 2054010 results.</p> <p>76. Medline; 67 AND 75; 72 results.</p>		
EMBASE	<p>1. EMBASE; exp DEPRESSION/; 325803 results.</p> <p>2. EMBASE; exp ANXIETY DISORDER/ OR exp ANXIETY DISORDERS/; 156866 results.</p> <p>3. EMBASE; exp MENTAL HEALTH/; 88747 results.</p> <p>4. EMBASE; exp MOOD DISORDER/; 356073 results.</p> <p>5. EMBASE; (depress* OR anx*).ti,ab; 505687 results.</p> <p>6. EMBASE; exp PRIMARY HEALTH CARE/; 114181 results.</p> <p>7. EMBASE; (((primary adj2 care) OR (primary adj2 health*))).ti,ab; 118063 results.</p> <p>8. EMBASE; ((GP OR GP?s)).ti,ab; 56108 results.</p> <p>9. EMBASE; (improving AND access AND to AND psychological AND therapies).ti,ab; 0 results.</p> <p>10. EMBASE; IAPT.ti,ab; 84 results.</p> <p>11. EMBASE; OCCUPATION AND OCCUPATION RELATED PHENOMENA/ OR ABSENTEEISM/ OR BURNOUT/ OR JOB ANALYSIS/ OR JOB EXPERIENCE/ OR JOB PERFORMANCE/ OR JOB STRESS/ OR QUALITY OF WORKING LIFE/ OR RETURN TO WORK/ OR WORK CAPACITY/ OR WORK ENVIRONMENT [+NT]/ OR WORKLOAD/ OR</p>	32	0

	<p>WORKPLACE/ OR WORK ABSENCE/ OR WORK ABSENTEEISM/ OR WORK ADAPTATION/ OR WORK ADJUSTMENT/; 110278 results.</p> <p>12. EMBASE; VOCAL REHABILITATION/ OR VOCATIONAL COUNSELING/; 4568 results.</p> <p>13. EMBASE; EMPLOYMENT STATUS/; 7517 results.</p> <p>14. EMBASE; (((Job OR employment OR work OR in?work OR occupation OR career) adj3 (retention OR protect* OR support* OR secur* OR mediat* OR remain OR coaching OR return))).ti,ab; 21743 results.</p> <p>15. EMBASE; 1 OR 2 OR 3 OR 4 OR 5; 772036 results.</p> <p>16. EMBASE; 6 OR 7 OR 8 OR 9 OR 10; 206217 results.</p> <p>17. EMBASE; 11 OR 12 OR 13 OR 14; 138336 results.</p> <p>18. EMBASE; 15 AND 16 AND 17; 608 results.</p> <p>19. EMBASE; 18 [Limit to: (Clinical Trials Randomized Controlled Trial)]; 32 results.</p>		
CENTRAL	<p>#1 MeSH descriptor: [Community Mental Health Services] explode all trees 649</p> <p>#2 "primary mental health*" 19</p> <p>#3 "primary health care*" 4545</p> <p>#4 MeSH descriptor: [Mental Disorders] explode all trees 44412</p> <p>#5 "mental health" or "mental condition*" or "mental disorder*" or "mental illness*" 14173</p> <p>#6 "job retention*" 29</p> <p>#7 MeSH descriptor: [Employment] explode all trees 1233</p> <p>#8 MeSH descriptor: [Rehabilitation, Vocational] this term only 326</p> <p>#9 MeSH descriptor: [Work] explode all trees 326</p> <p>#10 #6 or #7 or #8 or #9 1723</p> <p>#11 #1 or #2 or #3 5181</p> <p>#12 4 or #5 51752</p> <p>#13 #10 and #11 and #12 53</p> <p>Central only 43</p>	43	0
<b>Summary</b>	<b>NA</b>	<b>NA</b>	



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