Best Evidence Summaries of Topics in Mental Healthcare

BEST *in* MH clinical question-answering service

Question

For older adults with any cognitive impairment, how effective is drama and/or art therapy compared with other interventions or no intervention, in improving all patient outcomes?

Clarification of question using *PICO* structure

Patients: Older adults with any cognitive impairment
Intervention: Drama and/or art therapy
Comparator: Other or no intervention
Outcome: All patient outcomes

Clinical and research implications

No relevant systematic reviews or randomised controlled trials could be found for this question.

What does the evidence say?

Number of included studies/reviews (number of participants)
N/A

Main findings
N/A

Authors conclusions
N/A

Reliability of conclusions/Strength of evidence
N/A

What do guidelines say?

Neither National Institute for Health and Care Excellence (NICE) nor Scottish Intercollegiate Guidelines Network (SIGN) guidelines comment on the effectiveness of drama and/ or art therapy on improving patient outcomes of older adults with cognitive impairment.

Date question received: 07/08/15
Date searches conducted: 12/08/15
Date answer completed: 14/08/15

Search details

Source	Search Strategy	Number of hits	Relevant evidence identified
Guidelines			
NICE	Art Therapy	34	0
	Drama Therapy	8	0
Systematic Reviews / Primary Studies			
MEDLINE	1. Medline; (older adj6 adult*).ti,ab; 49007 results.	18	0
	2. Medline; exp AGED/; 2432773 results.		
	3. Medline; elderly.ti,ab; 181985 results.		
	4. Medline; (frail ADJ elderly).ti,ab; 2288 results.		
	5. Medline; 1 OR 2 OR 3 OR 4; 2487294 results.		
	6. Medline; exp DRAMA/; 1679 results.		
	7. Medline; exp PSYCHODRAMA/; 2753 results.		
	8. Medline; exp ART THERAPY/; 1142 results.		
	9. Medline; (drama ADJ therap*).ti,ab; 39 results.		
	10. Medline; ((cognit* OR memory) adj6 (declin* OR impair* OR deteriorat* OR disturb* OR disorder*)).ti,ab; 91176 results.		
	11. Medline; 5 AND 10; 32705 results.		
	12. Medline; 6 OR 7 OR 8 OR 9; 5495 results.		
	13. Medline; 11 AND 12; 18 results.		
EMBASE	1. EMBASE; (older adj6 adult*).ti,ab; 62394 results.	63	0
	2. EMBASE; exp AGED/; 2304807 results.		
	3. EMBASE; elderly.ti,ab; 244201 results.		
	4. EMBASE; (frail ADJ elderly).ti,ab; 2959 results.		
	5. EMBASE; 1 OR 2 OR 3 OR 4; 2384747 results.		

	6. EMBASE; exp DRAMA/; 48267 results. 7. EMBASE; exp PSYCHODRAMA/; 1077 results. 8. EMBASE; exp ART THERAPY/; 2541 results. 9. EMBASE; (drama ADJ therap*).ti,ab; 95 results. 10. EMBASE; ((cognit* OR memory) adj6 (declin* OR impair* OR deteriorat* OR disturb* OR disorder*)).ti,ab; 129511 results. 11. EMBASE; 5 AND 10; 39773 results. 12. EMBASE; 6 OR 7 OR 8 OR 9; 51776 results. 13. EMBASE; 11 AND 12; 63 results.		
PsycINFO	1. PsycInfo; (older adj6 adult*).ti,ab; 35626 results. 2. PsycInfo; exp AGED/; 351 results. 3. PsycInfo; elderly.ti,ab; 48027 results. 4. PsycInfo; (frail ADJ elderly).ti,ab; 734 results. 5. PsycInfo; 1 OR 2 OR 3 OR 4; 79364 results. 6. PsycInfo; exp DRAMA/; 1829 results. 7. PsycInfo; exp PSYCHODRAMA/; 1941 results. 8. PsycInfo; exp ART THERAPY/; 3798 results. 9. PsycInfo; (drama ADJ therap*).ti,ab; 337 results. 10. PsycInfo; ((cognit* OR memory) adj6 (declin* OR impair* OR deteriorat* OR disturb* OR disorder*)).ti,ab; 70749 results. 11. PsycInfo; 5 AND 10; 9698 results. 12. PsycInfo; 6 OR 7 OR 8 OR 9; 7429 results. 13. PsycInfo; 11 AND 12; 9 results.	9	0
CINAHL	1. CINAHL; (older adj6 adult*).ti,ab; 24542 results. 2. CINAHL; exp AGED/; 360882 results. 3. CINAHL; elderly.ti,ab; 42815 results. 4. CINAHL; (frail ADJ elderly).ti,ab; 956 results. 5. CINAHL; 1 OR 2 OR 3 OR 4; 372162 results.	11	0

	6. CINAHL; exp DRAMA/; 572 results. 7. CINAHL; exp PSYCHODRAMA/; 1192 results. 8. CINAHL; exp ART THERAPY/; 1840 results. 9. CINAHL; (drama ADJ therap*).ti,ab; 25 results. 10. CINAHL; ((cognit* OR memory) adj6 (declin* OR impair* OR deteriorat* OR disturb* OR disorder*)).ti,ab; 15460 results. 11. CINAHL; 5 AND 10; 8489 results. 12. CINAHL; 6 OR 7 OR 8 OR 9; 3541 results. 13. CINAHL; 11 AND 12; 11 results		
CENTRAL	#1 MeSH descriptor: [Frail Elderly] explode all trees535 #2 aged 327699 #3 older adj6 adult* 165 #4 #1 or #2 or #3 327750 #5 (cognit* or memory) adj6 (declin* or impair* or deteriorat* or disturb* or disorder*) 121 #6 #4 and #5 99 #7 MeSH descriptor: [Psychodrama] explode all trees 160 #8 MeSH descriptor: [Art Therapy] explode all trees 61 #9 drama adj therap* 12 #10 drama 88 #11 #7 or #8 or #9 or #10 305 #12 #6 and #11 1	0	0

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